



SOVEREIGN CONSULTING INC.  
AN ENVIRONMENTAL SERVICES FIRM

# Restoring the Maryland Coastal Bays

## *Focus: Marsh Restoration*



# Maryland Coastal Bays Salt Marsh Restoration Program

## Primary Partners

- U.S. Fish and Wildlife Service
  - Delmarva Restoration & Conservation Network
  - Maryland Fish and Wildlife Conservation Office
  - Ecological Services, Restoration Division
- Maryland Coastal Bays Program

## Other Critical Regional Partners

- Western Maryland Resource Conservation and Development Council
- Delmarva Resource Conservation and Development Council

## Critical Partner

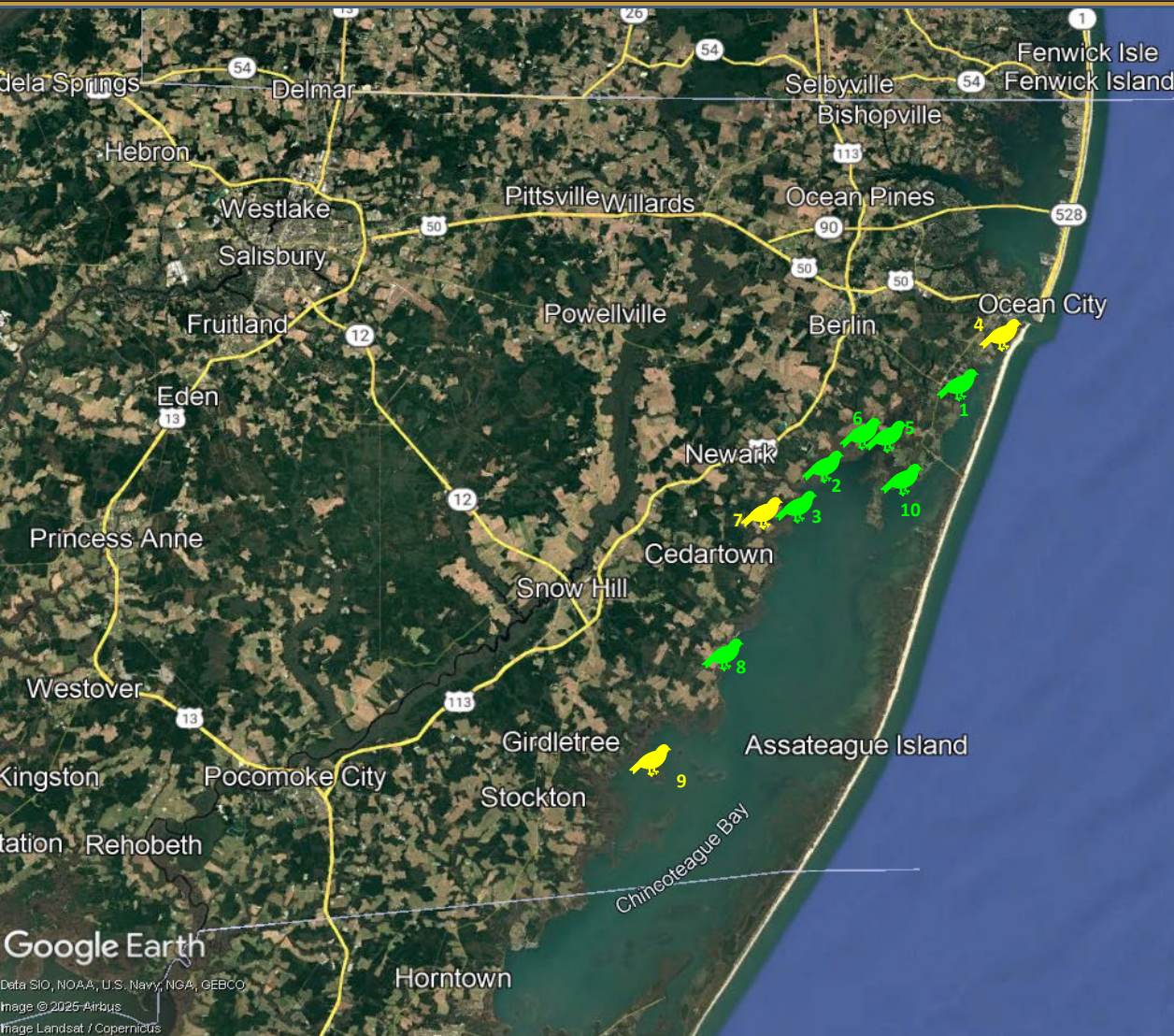
- Private Landowners





# Maryland Coastal Bays Salt Marsh Restoration Program

## — Sites for today's talk



### Sovereign Prime Consultant Non-Sovereign

- 1 Stark Bliss Happens Ln  
Evaluation, Design, Permitting Support, Implementation
- 2 Croppers Island  
Evaluation, Design, Permitting Support
- 3 Stark Langmaid Rd  
Evaluation, Design, Permitting Support, Implementation
- 4 Marsh Harbor
- 5 Horner Property  
Evaluation, Design, Permitting Support
- 6 Bay Creek LLC  
Evaluation, Design, Permitting Support
- 7 Worcester Co. Langmaid Rd
- 8 Smithson  
Evaluation, Design, Permitting Support
- 9 Tizzard Island
- 10 Rum Pointe  
Evaluation, Design, Permitting Support

Google Earth

Data SIO, NOAA, U.S. Navy, NGA, GEBCO  
Image © 2025 Airbus  
Image Landsat / Copernicus



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# Today's Implementation Topics

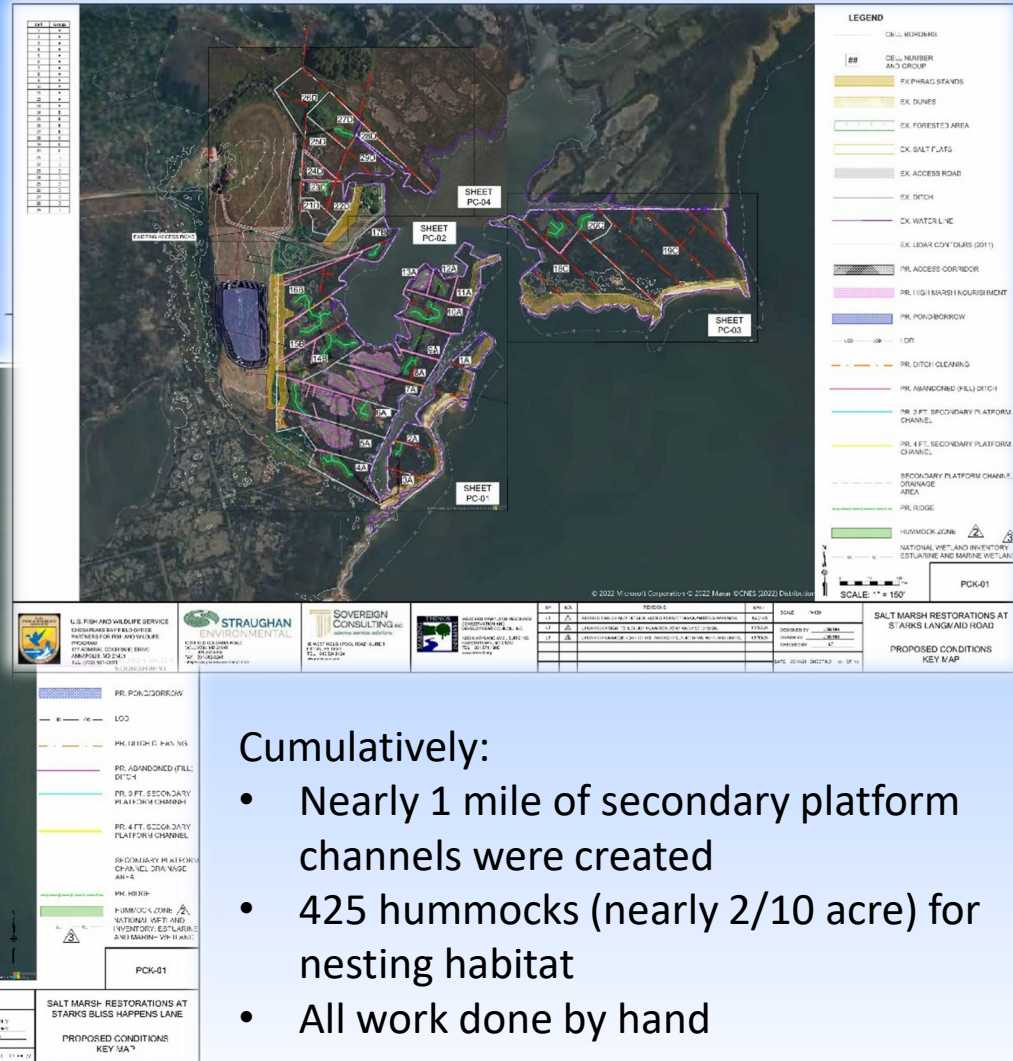
- **Elevated Platform Waterlogging**
- **Do No Harm (temporary impacts: focus on access)**
- **Hummocks**
- **Learning Opportunities**
- **Challenges**





# Design

During winter of 2024/2025:  
Implemented the low marsh hydrologic  
reconnection work (i.e., secondary platform  
channel work)



Cumulatively:

- Nearly 1 mile of secondary platform channels were created
- 425 hummocks (nearly 2/10 acre) for nesting habitat
- All work done by hand

# Elevated Platform Waterlogging





# Elevated Platform Waterlogging - Before





# Elevated Platform Waterlogging - During



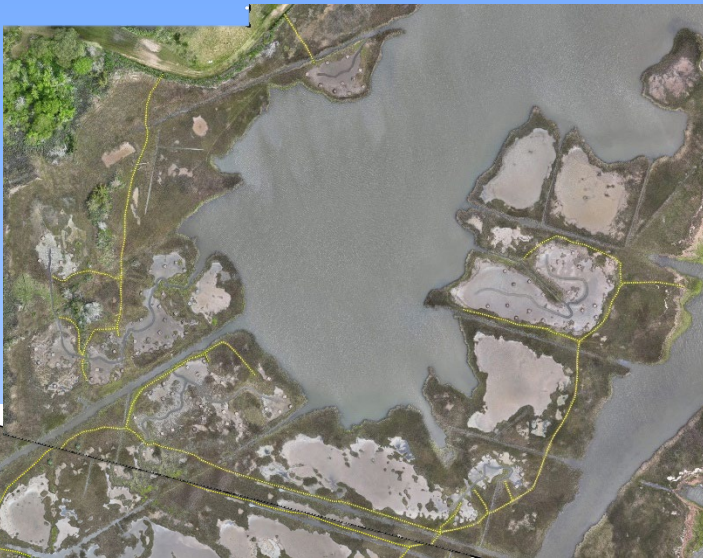


# Elevated Platform Waterlogging - First Summer





# Do No Harm - Access – Langmaid Road Access Trails



## Food for Thought

- 1) Work foot trails have 1/3 the pressure on the soil profile compared to deer trails.
- 2) High heels and mountain bikes should be banned from marshes.



## Relative psi Table

Average human on snowshoes ~ 0.5

**Average human walking in waders ~ 3.4**

**Average human standing in waders < 1.7**

Human (205 lb.) standing in flat shoes ~ 2.5

**Stiletto Heel ~ 471**

**Average walking deer ~ +10**

Adult Horse ~ 25

Bubber track ATV ~ 0.75

**Mountain bike ~ 40**

M1 Abrams Tank ~ 15





# Do No Harm - Access – Materials

2' x 8' x  $\frac{3}{8}$ " –  $\frac{1}{2}$ " plywood planks  
With 4 –  $2\frac{1}{2}$ " to  $3\frac{1}{2}$ " diameter holes  
We made 30 to 40 of these

**Used on:**  
Trail access (in wet spots)  
Platform staging  
All platform channel creation





# Do No Harm - Access – Cell Work

**No footprints!**





# Do No Harm - Access – Cell Work





# Do No Harm - Access – Ditch Crossings





# Hummocks — Permitting Driven Tactic - Frames





# Hummocks - Revegetation





# Hummocks – Capillary Action (pore space, cohesion, adhesion)

The thickness of the freeboard on the hummock, relative to the top of capillary action, will dictate the plant community that develops.





# Hummocks – consider all ecological functions created or enhanced by microtopography





# Learning: Soil/Sediment Profiles — General Thick vs Thin (relative to tides)





# Learning - Soil/Sediment Profiles — Bright vs Dark





# Learning - Soil/Sediment Profiles — Thickness of dark layers





# Challenges – flooding/high water

Low tide during coastal flooding





# Challenges – Precipitation (e.g., snow)

Silver lining: reduced mud and marsh disturbance





# Challenges — ambient temperatures (e.g., extreme cold)

Elevated H&S





**Who doesn't love working long days on a marsh in the winter  
with extreme cold, snow, and ice?**

**RIGHT?**

**December 2024**

**Douglas Janiec**

**Natural Resources Program Manager  
& Sr. Restoration Ecologist**

A photograph of a marsh restoration project in winter. Several workers wearing high-visibility vests are standing on a narrow path or structure made of rebar and concrete, crossing a wet, muddy area. The ground is partially covered in snow and ice. Tall, dry grasses are visible on either side of the path. The sun is low in the sky, creating a warm glow and reflecting off the water. The background shows a flat landscape under a cloudy sky.

*Thank You*  
*Questions & Discussion*